



With over 60 years as a trusted partner in providing addiction treatment that works, we have helped thousands of people achieve lifelong recovery. Our multidisciplinary team develops an individualized treatment plan in partnership with each client that addresses your unique needs, strengths, and preferences.

Located on the beautiful Monterey Peninsula, we provide a supportive and safe environment for your path to lasting recovery.

Call 1-800-215-4733
now, for a free,
confidential consultation



RECOVERY FOR A LIFETIME

TO GET STARTED TODAY:

- 1 CONTACT US
- 2 SCHEDULE A CONFIDENTIAL ASSESSMENT
- 3 REVIEW INSURANCE & PAYMENT OPTIONS
- 4 PLAN ADMISSION DATE

24-Hour Helpline
1-800-215-4733
beaconhouse.org



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BH-TRI-0419



An Affiliate of
Gateway Foundation

LIFE-CHANGING DRUG & ALCOHOL TREATMENT



24-Hour Helpline
1-800-215-4733
Pacific Grove, CA

beaconhouse.org

RECOVERY FOR THE MIND, BODY, AND SPIRIT.



HOLISTIC WELLNESS

Beacon House is committed to treating the whole person: mind, body, and spirit, throughout treatment and into long-term recovery. Our holistic approach introduces you to unique experiences to improve your overall health and well-being. Throughout treatment, exercise and other activities, such as yoga, golf, equine therapy, and surfing, provide an opportunity for self-exploration and discovery.

OUR TREATMENT PROGRAMS:

DUAL DIAGNOSIS:

We are committed to treating the whole person, not just the symptoms of their addiction. Research shows that 40 percent of people with a substance use disorder also have a mental health disorder, such as anxiety or depression. Failure to treat one disorder but not the other greatly increases the risk of relapse. Our multidisciplinary staff team can help you understand the root causes of your addiction and develop the skills you need to overcome your substance use and mental health disorder.

INDIVIDUALIZED ATTENTION

Our staff works closely with you to ensure your treatment plan is addressing your specific needs. Treatment plans are individualized and include the use of proven practices to ensure long-term success. We are committed to helping each individual who walks through our doors to understand and embrace the skills needed to achieve lasting recovery.

EXPERIENTIAL THERAPY:

In addition to behavioral therapies, we also integrate experiential therapies into our treatment plans. Our locations on the Monterey Peninsula along California's Central Coast, allow us to introduce real life experiences such as mindfulness for stress-reduction, relapse prevention, and spiritual discoveries. Our experiential therapies include watersports, equine therapy, golf, and birding.

FULL CONTINUUM OF CARE

We offer a full continuum to ensure the needs at any stage of recovery are met.

RESIDENTIAL DETOX

Our residential detox program helps you detoxify your body of substances with as little discomfort as possible, under supervision of a licensed addictionologist. Entering residential detox helps to build the foundation for treatment and recovery in a safe and comforting environment.

RESIDENTIAL TREATMENT

Our co-ed residential treatment program includes a full range of behavioral therapies supplemented by experiential programs. The residential level of care ensures access to our 24-hour clinical staff in a non-hospital setting. With residential treatment, you are able to receive support and supervision 24/7 and focus on your recovery process without distractions and temptations.

OUTPATIENT TREATMENT

Our outpatient facility offers a half-day intensive outpatient program and a full-day partial hospitalization program. The outpatient programs allow you to attend treatment during the day and return to the comforts of your home each evening. The intensive outpatient (half-day) program is flexible enough to allow you to continue working or attending classes while receiving treatment.

AFTERCARE AND ALUMNI COMMUNITY

Our support does not end once you complete treatment. Recovery is lifelong, and so is our support. Beacon House offers free weekly aftercare meetings and hosts monthly alumni dinners, meetings, and outings.

MEDICATION-ASSISTED TREATMENT:

Medication-Assisted Treatment (MAT) is proven to significantly increase the effectiveness of addiction treatment when it is used in conjunction with other treatment modalities, such as 12-Step programming. MAT helps ease withdrawal symptoms and reduces cravings. All medications utilized at Beacon House are closely monitored by our clinical staff and are approved by the Food and Drug Administration (FDA).