OUR MISSION

As one of the first treatment centers

in the Western United States,

the Beacon House has helped thousands

achieve lasting sobriety from alcohol and drugs.

The Beacon House understands what is necessary

to achieve a lifetime of recovery.

As a non-profit we invest all resources in delivering

the highest level of individualized care at affordable prices.

Located on the scenic Monterey Peninsula,

the Beacon House promises a supportive environment

for adult men and women seeking to realize

a lifetime without drugs and alcohol.
For over half a century, our team of experienced professionals has been committed to helping every individual who walks through our door, understand and embrace the principles and tools needed to achieve lasting sobriety.

As one of the first recovery facilities in the Western United States, we know what works best in building the foundation to achieve a lifetime of recovery.

From the first call, we are dedicated to finding the right solution for each and every individual who reaches out to the Beacon House. As a part of our “Integrity of Choice” policy, we believe in presenting treatment options that will help to achieve the best results, whether it is entering the Beacon House or referring clients to another treatment center.

Our experienced staff follows custom-designed treatment programs that address the needs of our clients. At the Beacon House, we strongly believe in treating the whole person, not just the symptoms of addiction. Identifying and treating the underlying issues, as well as the addiction itself, is critical to a successful and lasting recovery.

The Beacon House is fully licensed by the State of California and accredited by the Commission on Accreditation of Rehabilitation Facilities.
PROGRAM DETAILS

THE PROCESS
Clients learn through a variety of comprehensive and innovative treatment modalities. All aspects of treatment are focused on achieving abstinence from alcohol and other drugs, and most importantly, building the foundation to support recovery for a lifetime.

EDUCATION
The Beacon House provides comprehensive education on subjects ranging from the related health aspects of chemical dependency, boundary setting, anger management, coping skills, relapse prevention and cognitive behavioral tools to help build a strong foundation in recovery.

THERAPY GROUPS/INDIVIDUAL COUNSELING
Group therapy is an important part of the treatment process at the Beacon House. Each day our clients meet to explore feelings associated with their disease, begin the emotional healing process and make meaningful connections with others. All group and individual therapy sessions are led by our clinical staff and support the treatment goals of recovery. Upon intake, clients are assigned an individual counselor and receive evaluation by our clinical psychologist.

12-STEPs
Participants attend a 12-Step sponsored meeting each day and secure a Sponsor. Together, clients and their counselor will work through the first three of the 12-Steps and create a Relapse Prevention Plan to address continued recovery after their stay at the Beacon House. Achieving sobriety is the first component of our treatment program; a 12-Step recovery program reinforces recovery skills while keeping our clients connected to a community of individuals who share the common goal of recovery.
REAL LIFE EXPERIENCES

Our experiential treatment specialists focus on reinforcing the core principles of recovery through “real life” experiences outside of the Beacon House. Through a diverse range of recreational activities, clients are presented the opportunity to learn how to cope with life beyond addiction. These authentic experiences include: equine-assisted growth and learning at private stables, yoga and meditation classes with our certified practitioners and recovery experiences on the many famous golf courses located throughout the Monterey Peninsula.

FAMILY & SUPPORTERS

Addiction affects more than just one person. The Beacon House works to reunite loved ones and assist our clients in their recovery. The Family & Supporters Program at the Beacon House includes: education, therapy and support for family and friends who are affected by the disease of chemical dependency. This program is designed to help families understand the disease, begin healing themselves and learn about their own recovery process. Through lectures, small groups, videos and interaction with the client, family members learn how to recognize and share feelings, as well as support their loved ones throughout their recovery.

CALL (800) 215-4733
Toll Free 24 Hours a Day, Seven Days a Week

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THE EXPERIENCE

A PROGRAM THAT WORKS
As one of the first addiction treatment centers in the Western United States, we know what works best to achieve a lifetime of recovery.

EXTRAORDINARY PROFESSIONALS
Our highly-skilled, experienced and credentialed professionals operate at a staff-to-patient ratio of almost 2 to 1. The Beacon House provides comprehensive and effective treatment for individuals suffering from the disease of chemical dependency.

TRANQUIL SETTING
Located among peaceful gardens within walking distance to scenic beaches and coastal recreation paths, our Victorian-era facility offers a warm, homelike environment.

INDIVIDUALIZED CARE
Maintaining one of the highest staff-to-patient ratios in the country affords the Beacon House the ability to take a creative approach to recovery. We are able to utilize a variety of methods to achieve a successful outcome, as well as customizing programs to ensure effective and lasting recovery results.

TREATMENT TIME
The Beacon House has made a significant investment in diagnostic capabilities to identify the most important issues that stand in the way of long-term recovery. These measures allow our practitioners to focus on relevant, key issues throughout the duration of a client’s stay.
REAL LIFE EXPERIENCES
Learning to cope with life beyond addiction is a cornerstone of recovery. Located on the picturesque Monterey Peninsula, the Beacon House is within reach to world-class golf facilities, private horse stables in Carmel and endless outdoor recreational activities which allow for authentic experiences outside of the facility.

SUPPORT COMMUNITY
We understand each of our client’s support “community” needs assistance, and family participation is a critical part of recovery. The Family & Supporters Program at the Beacon House includes: education, therapy and support for family and friends who have loved ones dependent on alcohol or other drugs.

A LIFETIME OF RECOVERY
We believe the work done after treatment is as important as the work done in treatment. The Beacon House remains actively committed to our client’s life long recovery. To ensure recovery commitments are met for all of our Beacon House alumni, we stay in constant touch though our OneRecovery™ System, an easily accessible online recovery community.

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COST BENEFIT
After a half century, it has been our experience that the benefits of our program, far outweigh the costs, both in terms of savings and creating a more fulfilling and healthier life. As a non-profit organization, the Beacon House is dedicated to offering the highest quality treatment available anywhere in the United States at affordable prices.

Each client’s out-of-pocket cost varies based on individual insurance plans and the advisable length of stay. The financial costs associated with addiction can escalate to hundreds of thousands of dollars over time and for some, the collateral damage while under the influence may reach into the millions. Even more important than saving dollars and cents, is forming the foundation to achieve a lifetime of recovery.

STAFF-TO-PATIENT RATIO
The Beacon House operates at a staff-to-patient ratio of almost 2 to 1. This ratio helps ensure that we will always provide the highest quality care for each of our clients, in turn creating an individualized approach to obtain the best results.

REAL LIFE EXPERIENCES
Learning to cope with life beyond addiction is a cornerstone of recovery. Our location on the Monterey Peninsula provides access to world-class golf facilities, private horse stables in Carmel and endless outdoor recreational pastimes. We utilize these resources to reintroduce clients to “real life” without drugs and alcohol, experiencing how to live a healthy, sober life outside the treatment center.

LIFETIME OF SUPPORT
The Beacon House offers a lifetime of support to each and every one of our alumni, monitoring their continual recovery through the Beacon House OneRecovery™ System. By staying in touch with alumni for the rest of their lives, we honor our commitment to assist in the success of our clients. The entire Beacon House team is committed to supporting a lifetime of recovery - not just a short-term stay in a recovery center.

Reservations & Insurance: Our admissions counselors help all clients and their families clearly understand what out-of-pocket costs occur upon entering the Beacon House and are happy to work with insurance providers to better understand what each individual plan may cover.
The Beacon House employs a team of highly skilled professionals specializing in the field of recovery. Our licensed and certified clinicians and nurses are trained in the treatment of addiction, operating at a staff-to-patient ratio of almost 2 to 1, ensuring the highest quality care for all our clients.

Our well-rounded interdisciplinary team includes: physicians, psychologists, nurses, chemical dependency counselors, marriage and family therapists, experiential specialists, holistic providers, yoga instructors, exercise and nutrition specialists, as well as an executive chef. This team approach supports treating the whole person; mind, body and spirit.

Our addiction treatment specialists represent a wide array of areas including but not limited to: detoxification, medication management, diagnostic testing, individual and group therapies, mood management, cognitive therapy, mindfulness, family dynamics, spiritual growth, meditation skills and assimilation into 12-Step work, paving the way for transition after treatment.

Our holistic specialists teach and facilitate health and wellness as an integral part of life long recovery. Yoga and meditation classes, as well as nutrition and exercise programs support the importance of the mind and body connection in the recovery process.

Our experiential treatment specialists focus on reinforcing the principles of recovery with authentic experiences. Equine-assisted growth and learning at private stables, yoga and meditation classes with our certified practitioners, as well as golf and recovery experiences allow our clients the opportunity to experience “real life” situations in a supportive setting without the use of alcohol or drugs.
Located in the heart of the Monterey Peninsula on California’s Central Coast, the Beacon House is one of the first addiction treatment centers in the Western United States. Our Victorian estate is surrounded by peaceful gardens within walking distance to scenic beaches, links-style golf courses and coastal recreation paths. The Beacon House offers a warm, homelike setting for those in need of a safe, comfortable environment as they begin a path to recovery. Experiential treatment specialists focus on reinforcing the principles of recovery with “real life” experiences such as: equine-assisted growth and learning at private stables, yoga and meditation and the core principles and strategies surrounding the game of golf.
Recovery for a Lifetime

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